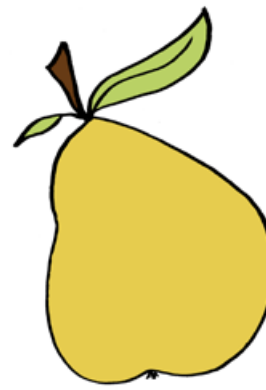
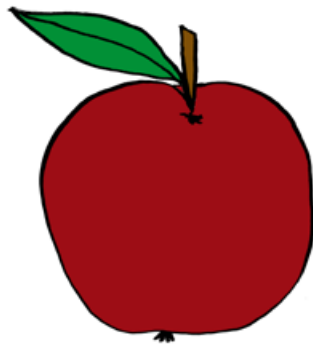
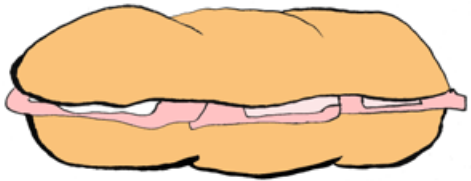
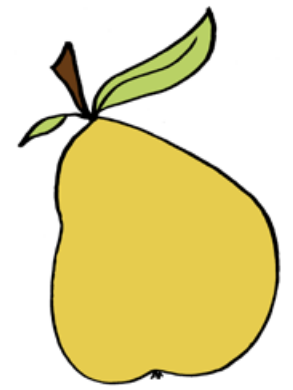


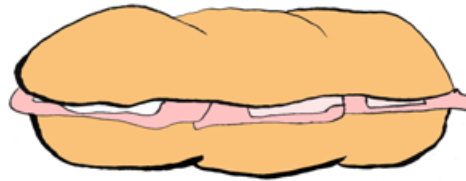
igl mel



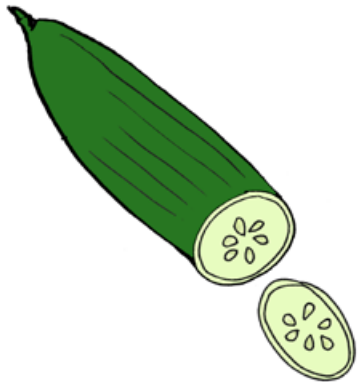
igl pér



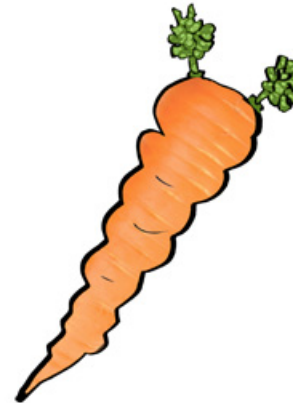
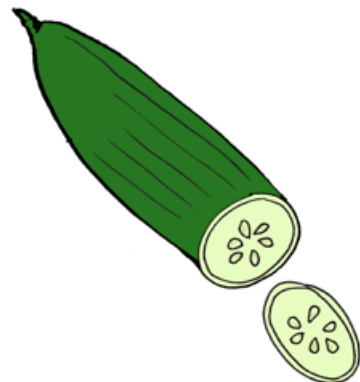
il pànet cun schambùn



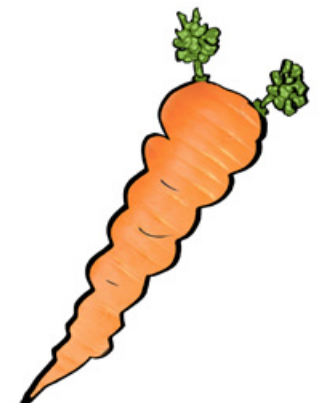
la nusç



la cucumera

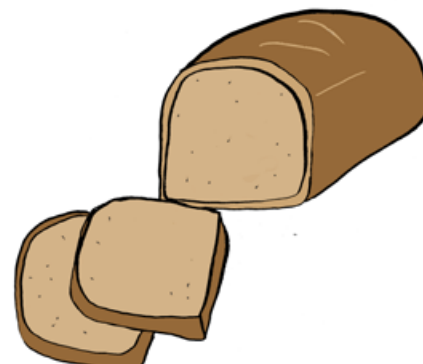


la riebla

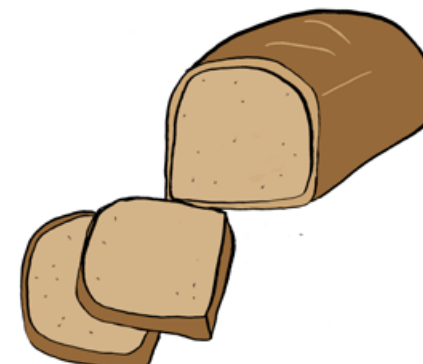




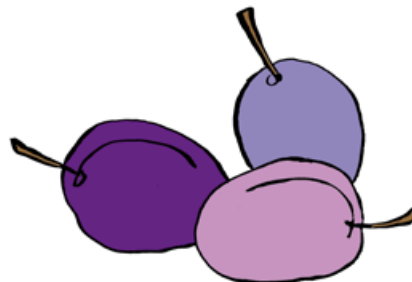
l'ieuva



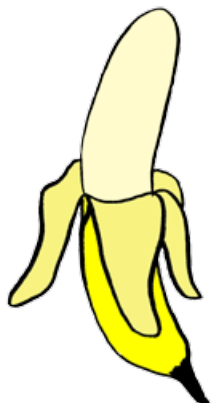
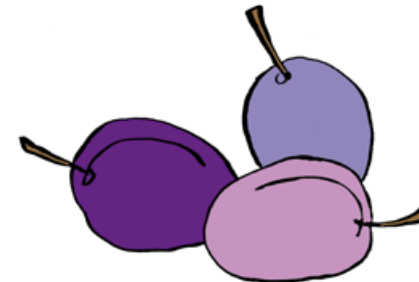
igl toc pàn



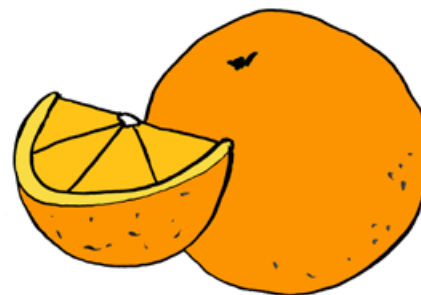
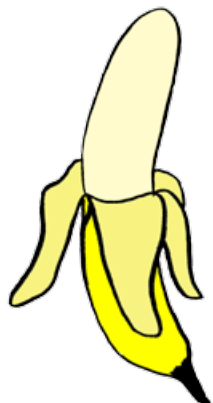
igl peperùn



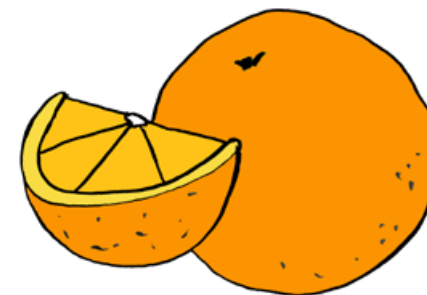
la paloja / la zvetga

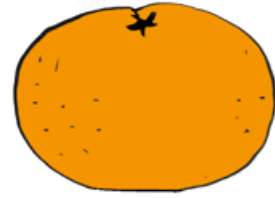
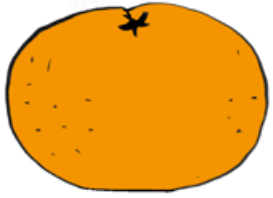


la banana

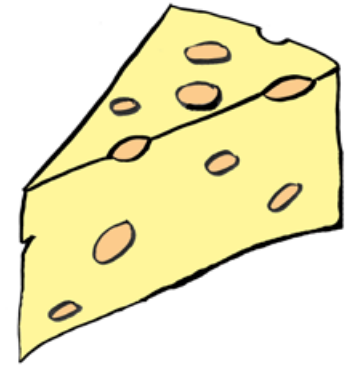
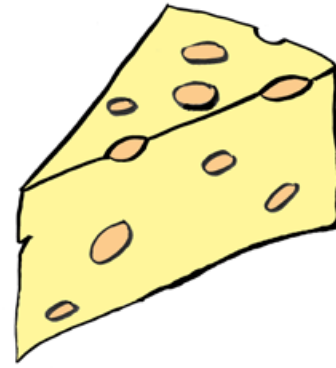


l'oranscha





la mandarina



igl caschiel



l'aua



igl té



la sutga



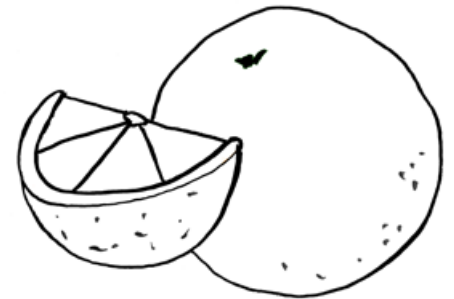
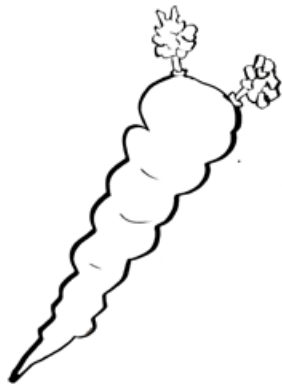
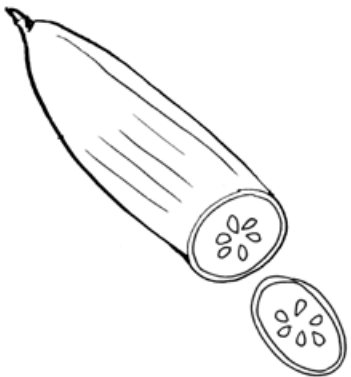
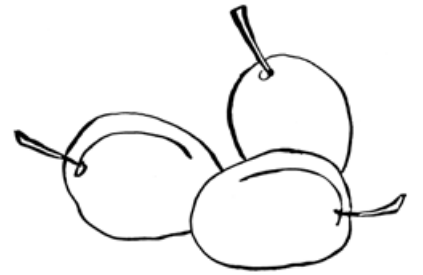
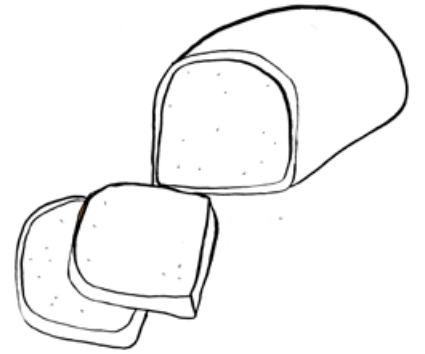
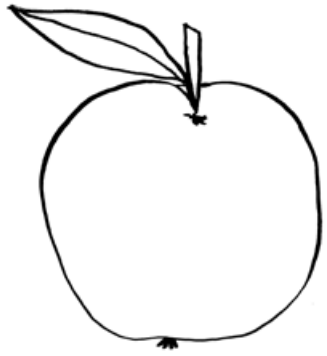
la mesa

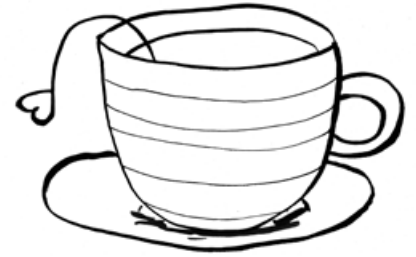
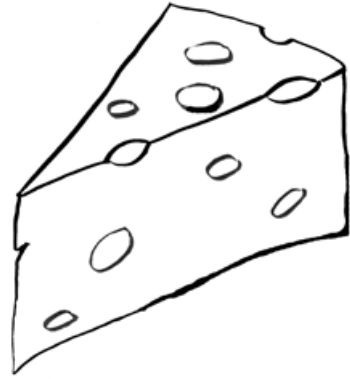
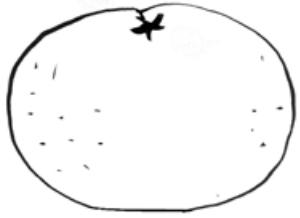


bùn apetit



igl urs





igl mel

igl pér

l'ieuva

igl toc pàn

igl pànet cun schambùn

la nuschi

igl peperùn

la paloja / la zvetga

la cucumera

la riebla

la banana

l'oranscha

la mandarina

igl caschiel

l'aua

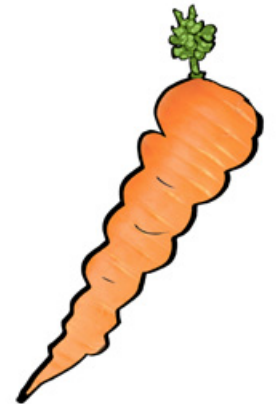
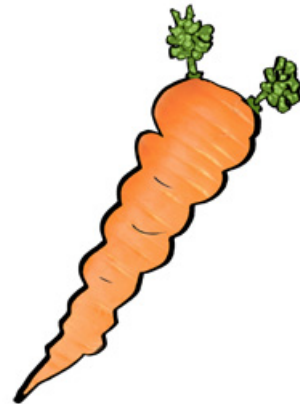
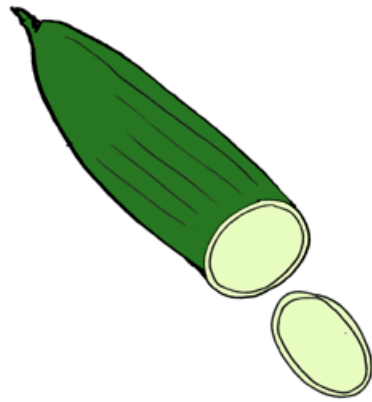
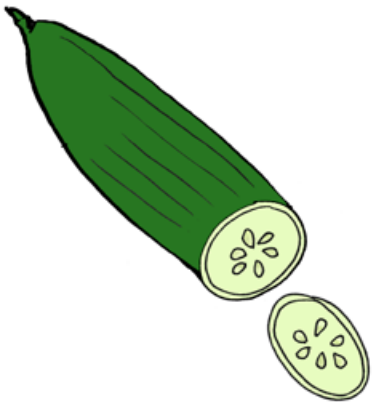
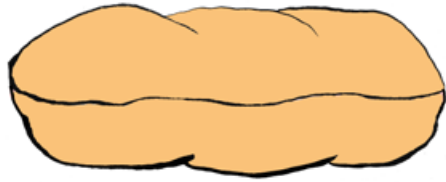
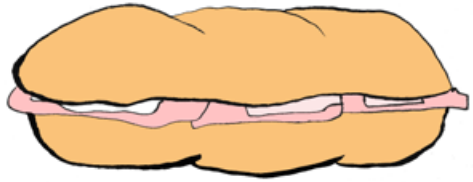
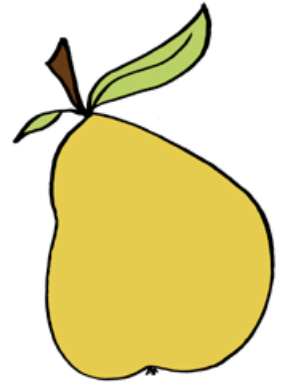
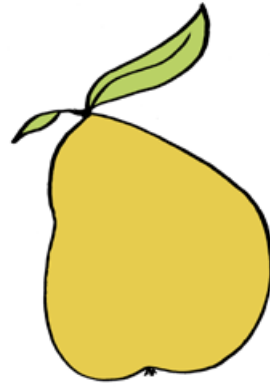
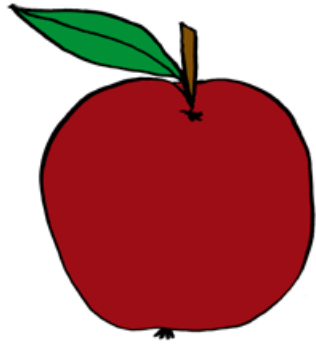
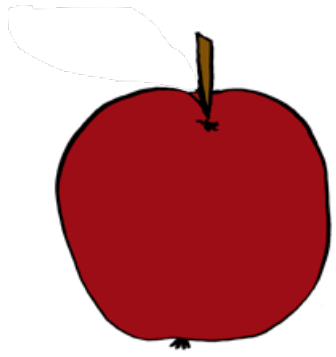
igl té

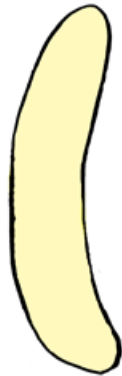
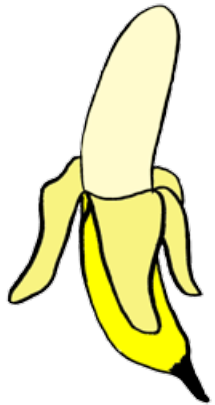
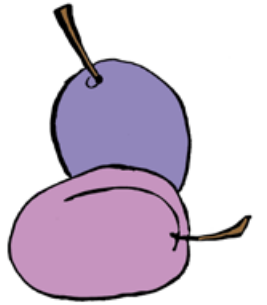
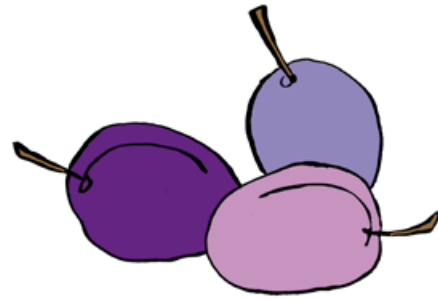
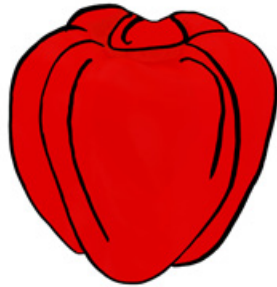
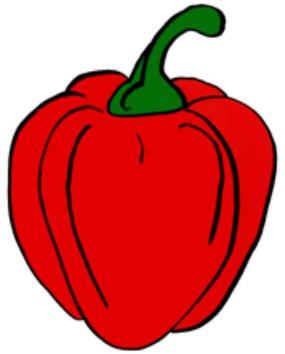
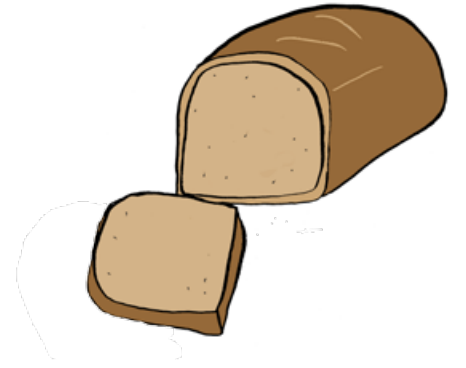
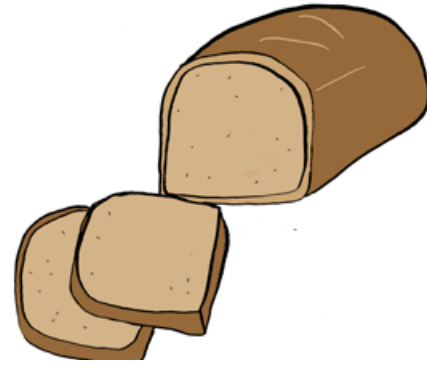
la sutga

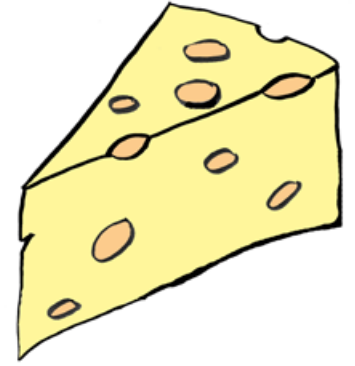
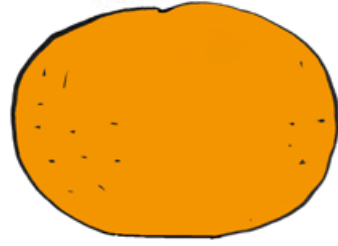
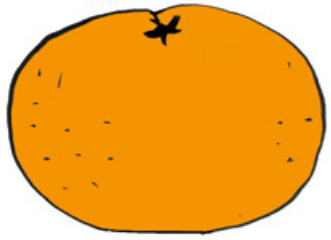
la mesa

bùn apetit

igl urs



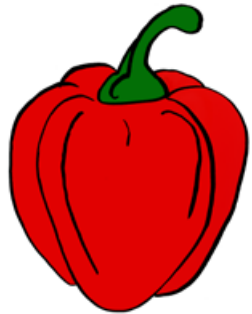
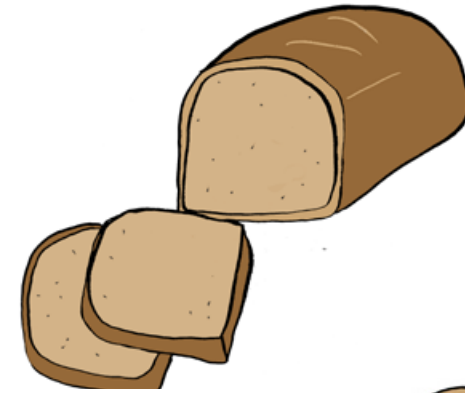
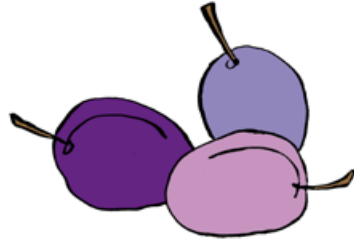




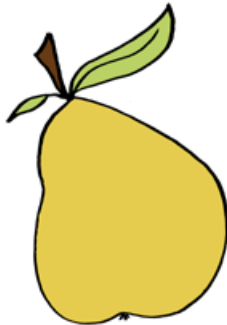
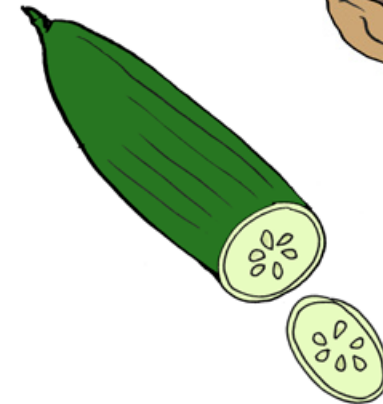


Brum brum brum,
mo tge, mo tge?
Vean egn urs c'anquiera me?
Brum brum brum,
o na, jou se,
igl brum brum vean or da me!
Gl'e la fom an mieus magùn,
ca tùna sco egn ver ursùn.

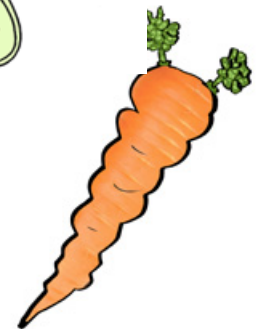
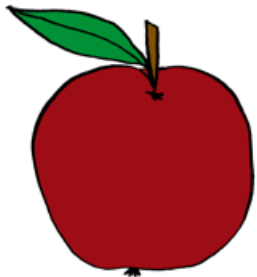
autura nunancunaschainta, translato an vallader Rut Plouda, adato an sutsilvan Lia Rumantscha



Mel, pér, peperùn,
egn pànet cun aint schambùn.
Zvetga, ieuva, egn toc pàn,
nusch, cucumera, quegl e sà.



La tia riebla e igl hit,
nus vagn fom,
bùn apetit!



Annina Nicolay, adato an sutsilvan Lia Rumantscha